

7-DAY PRAYER VIGIL FOR AUGUST 1- 7, 2020
Guidance and Discernment for the
Delmarva Walk to Emmaus Community

Dear Emmaus and Chrysalis friends,

We seek your prayers as the Emmaus Board faces decisions about the Men's and Women's weekends this fall. Below is a suggested guideline for daily readings, reflections, and prayers during this time. We have also set up a prayer list on our website for the final three days of this period (August 5-7) to assure that this process is covered in prayer. Please sign up for one or more slots at http://www.flywithchrist.org/prayer_list/womens-walk-and-mens-vigil-for-fall-2020/.

You are invited to fast as your health allows -- perhaps a meal one day, or each day, or a day during the week, or sunrise to sunset. Fasting intensifies our prayers and intimacy with the Lord.

Thank you for joining with us as we seek discernment during this difficult time. Please email Barb Gallion at barb.gallion@gmail.com with any word or direction you are sensing from God during this time of prayer. In addition to praying about this decision, please also keep each member of the community and the churches and families they represent in your prayers.

Thank you and DeColores,

Laurie Loveless, Community Spiritual Director

Barb Gallion, Community Lay Director

Gwen Harris-Montague, Community Prayer Coordinator

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August 1

Scripture: Psalm 37: 3-6

Reflection: God knows our desires and wants to give us what we desire as we commit our way to Him.

Prayer: Praise God for his faithfulness in your life and through the Walk to Emmaus. Tell him what you desire and commit to Him and His way in us.

Prayer
to deepen
my faith

Oh blessed Lord,
Sometimes I feel my faith
Is weak and shallow.
But I want more, oh Lord,
Show me how.

Help me to trust and depend
On you to guide me.
Give me hunger for your Word,
A thirst for your presence,
And the courage to live
As a disciple of Christ.

Show me, oh Lord, where
I must put my faith to the test
To make it authentic and strong.

And even if the enemy
Sends his legions against me
May I stand firm knowing
My faith defends me and
Your Word strikes Satan down.

Above all, oh loving Lord,
Reveal to my heart
How great faith comes
To the humble,
As God is all I have
And all I need.
In Jesus name, Amen.

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August 2

Scripture: Ephesians 6: 10- 20

Reflection: Paul while in prison sought to bear the armor of God and the prayers of others to lead and speak boldly.

Prayer: Pray for the Delmarva Emmaus community, the board members, especially Barb Gallion our lay director, for Scott Loveless and Linda Simione chosen to lead our men and women's fall weekends, and their teams as they face difficult decisions.

***A Prayer in Times of
Decision-Making***

Lord, grant us a spirit of wisdom and
discernment

As we stand strong in all our decisions
To put You First before all things
And our desires to follow behind
Your will

Help us keep close to You in spirit
With every word and thought in us
inspired

Your Word and Will ever be our guide
In every decision we make in life,
AMEN!

Read the full prayer @ christianstt.com

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August 3

Scripture: 1 Peter 4: 7-11

Reflection: How is God calling us to love one another during this pandemic, in all our relationships, and specifically in our Emmaus and Chrysalis community?

Prayer: That our decisions will show our love for each other and glorify God

DEAR LORD

I thank you for your love for me and for seeing beyond my faults and weaknesses. Help me to be slow to speak and quick to listen. Help me to show to others, the same grace, compassion and mercy that you show to me. Help me to love with your love and to be a source of encouragement to all around me. I commit this day to you and all that's in it. In Jesus' name I ask these things. Amen

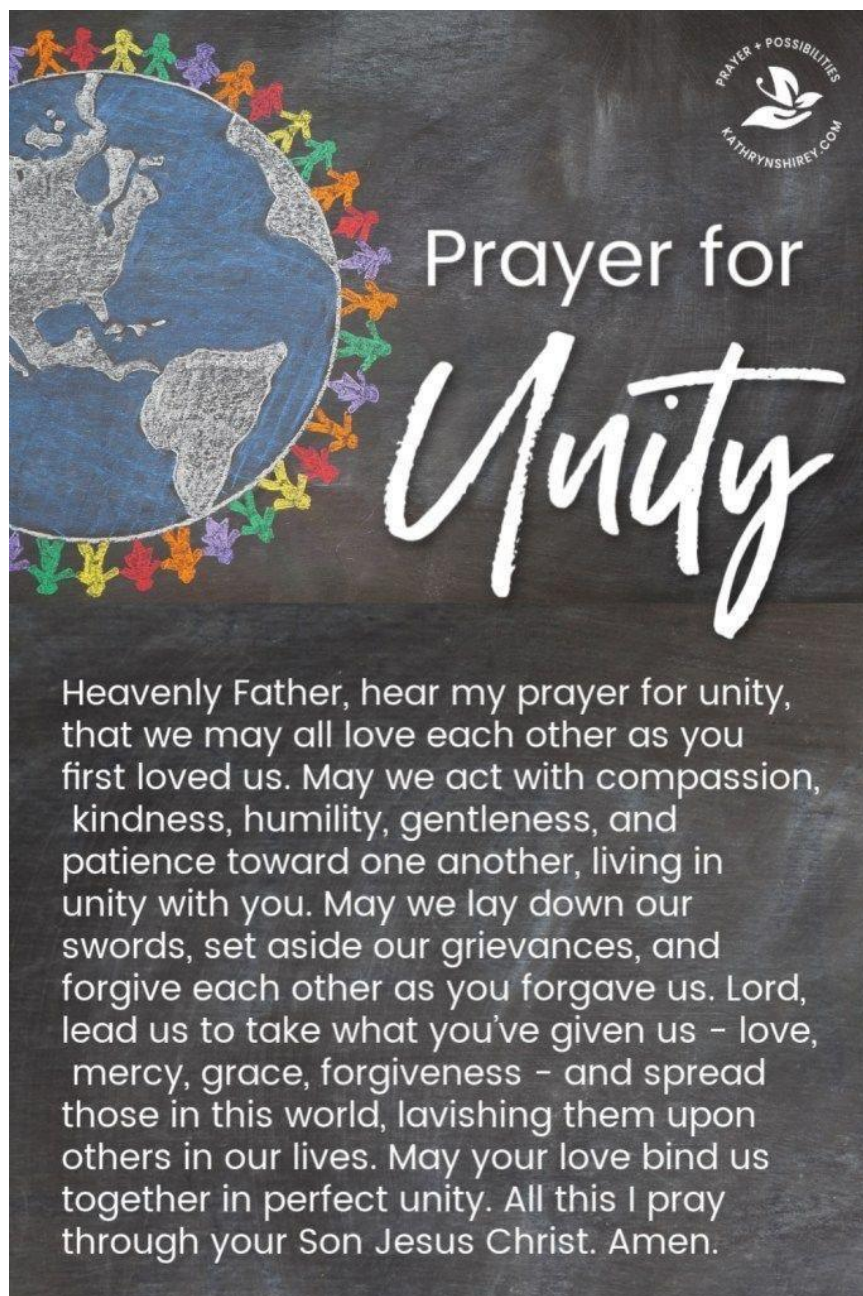
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August 4

Scripture: John 17: 20-26

Reflection: In one of Jesus' last prayers while on earth he prayed fervently that his followers would be one. Unity is a gift of the Holy Spirit and a witness to and for God.

Prayer: That we will be united in our decisions, in gracious consensus and at peace



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Prayer for Unity

Heavenly Father, hear my prayer for unity, that we may all love each other as you first loved us. May we act with compassion, kindness, humility, gentleness, and patience toward one another, living in unity with you. May we lay down our swords, set aside our grievances, and forgive each other as you forgave us. Lord, lead us to take what you've given us – love, mercy, grace, forgiveness – and spread those in this world, lavishing them upon others in our lives. May your love bind us together in perfect unity. All this I pray through your Son Jesus Christ. Amen.

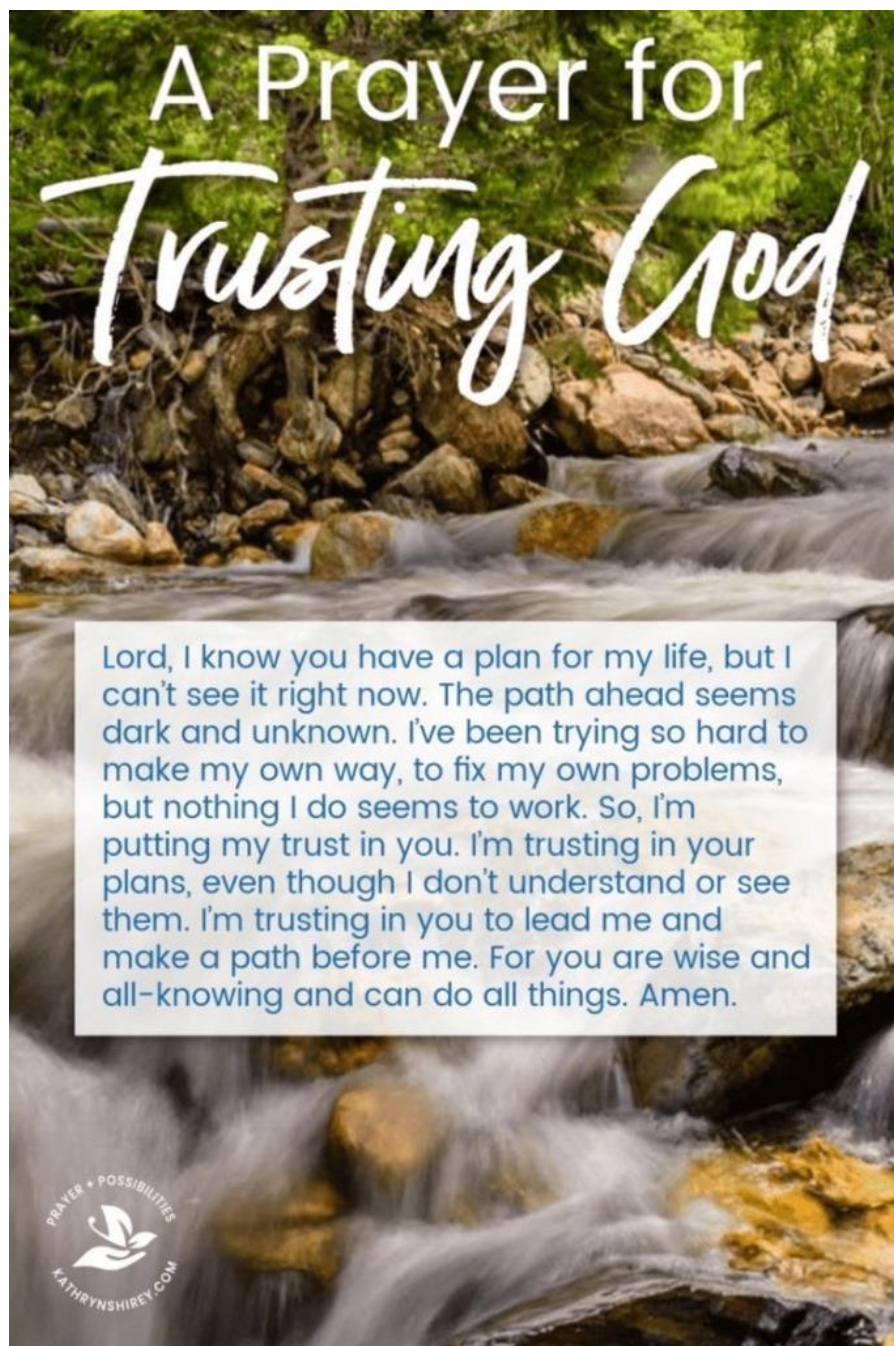
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August 5

Scripture: Habakkuk 3: 17- 19

Reflection: God is faithful in times of plenty and loss. How is God your strength even in dark times? Even during this pandemic?

Prayer: To trust God is at work in ways we can't always see.



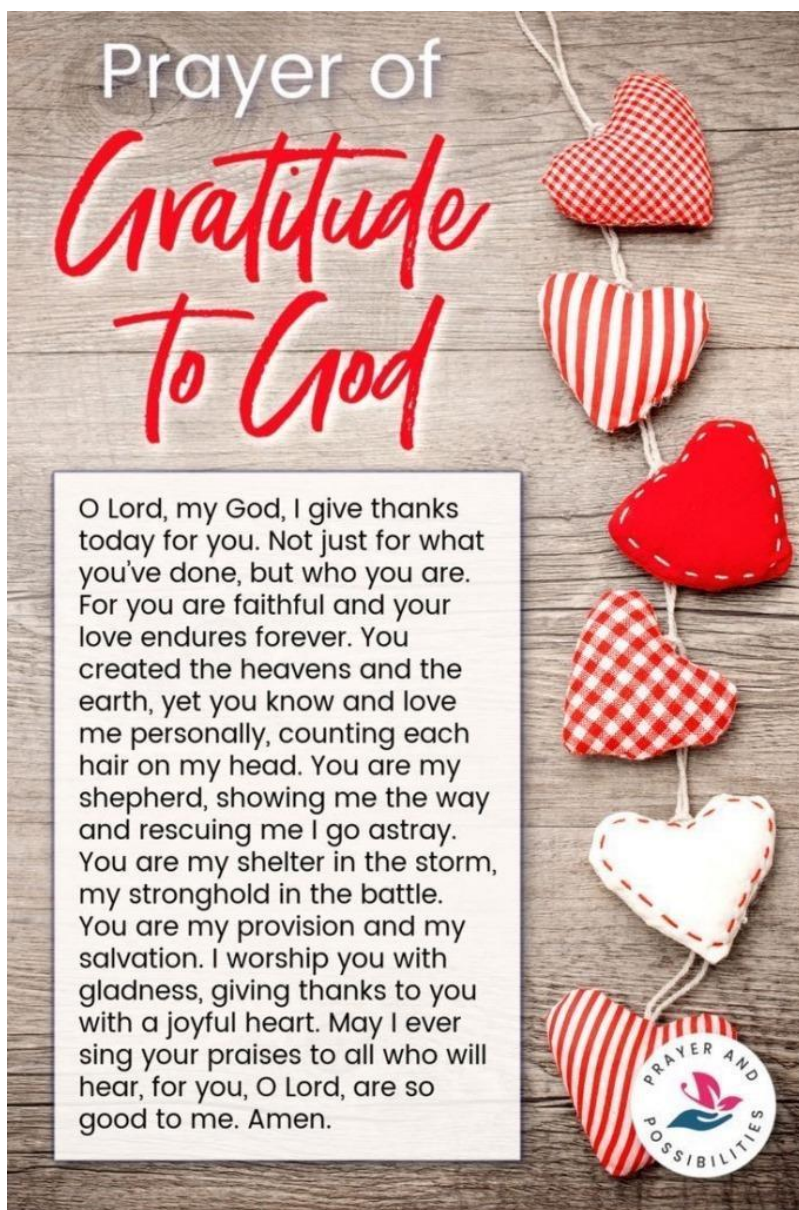
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August 6

Scripture: Matthew 14: 14- 17

Reflection: What Emmaus traditions do we want to keep? What might we adapt during these “new normal” times (i.e. go on-line and research the Emmaus Community’s Face to Face ministry). What could we do other than our weekends to keep our community close? To reach others?

Prayer: Gratitude for the old and openness to the new



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August 7

Scripture: Romans 8: 18-39

Reflection: Wherein lies our hope, regardless of the pandemic, regardless of the decisions we make?

Prayer: For hope in what we cannot now see. For the future direction of Emmaus, of Chrysalis, of the church, of our nation and our world. And above all for trust in God's never-failing love.

A Prayer for Hope & Faith

Dear Jesus, You are the hope of the world. Your love is unfailing and Your desire to welcome us into Your family humbling. I praise You for all that You are and all that You do.

Forgive me, God, for when I place my hope in things of this world and forget that You alone are the anchor for my soul. And that You have welcomed me into Your inner sanctuary. What an honor and privilege that is!

Father, You are my source of hope. Please fill me with joy and peace as I trust in You. I thank You in advance for the overflowing holy confidence You will give me through the power of your Holy Spirit.

Lord, that You would love me so deeply as to give Your one and only Son as a sacrifice, leaves me in awe and gratitude.

To know I am loved in this way, gives me hope beyond measure. It convicts me of all I can do with Your strength that is in me. It convicts me to walk with courage and bravery because I know You will never leave me. I know You will fight for me. And I know that NOTHING is impossible with you. Therefore, I will not be dismayed or lose hope.

I will believe.

I claim You, Jesus, as my Lord and Savior - as the Son of God. Therefore, there is nothing I cannot overcome. I love You and praise You.

In Your precious name, I pray.

Amen.